

Self-Assessment & Core Competency Reflection

Name: _____

Self-Assessment

What am I learning in Career-Life Education 10?

How is my learning progressing?

What is something I know I can improve in this class?

What is one long-term goal I have for CLE 10?

How will I achieve this goal?

What is my next step in developing my skills in this class?

Core Competency Reflection Questions

How do you collaborate with others when it's difficult?

What strategies do you use to generate new ideas?

How do you come up with good questions?

What relationships support you at school?

How do you solve problems in peaceful ways?

How do you maintain your own well-being when you are stressed?

Assignment Highlights

Select three assignments that you feel highlight your learning so far in Career-Life Education 10. For each assignment, describe why you chose it and **how** it reflects your strengths and/or growth as a learner.

#1: _____

Why did you choose this assignment?

How does this assignment reflect your strengths and/or growth as a learner?

#2: _____

Why did you choose this assignment?

How does this assignment reflect your strengths and/or growth as a learner?

#3: _____

Why did you choose this assignment?

How does this assignment reflect your strengths and/or growth as a learner?